



# Little Sunshines Academy

## -Winterville-

### Weekly Menu

Week of: 03/25/24 - 03/29/24

Non Infant

#### Breakfast

8:00 am - 9:00 am

**Monday**

Waffles(WG)  
Bananas  
Milk

**Tuesday**

Oatmeal-WG(WG)  
Strawberries  
Milk

**Wednesday**

Turkey Sausage  
Biscuits(WG)  
Potatoes  
Milk  
Hash browns

**Thursday**

Cheerios/  
MultiGrain  
Cheerios-WG(WG)  
Bananas  
Milk

**Friday**

Waffles(WG)  
Blueberries  
Milk

Non Infant

#### Lunch

11:15 am - 12:00 pm

Cheese  
Pizza Crust-WG(WG)  
Tossed Salad  
Peaches  
Milk  
Cheese Pizza

Chicken & Cheese  
Tortilla-WG(WG)  
Corn, Oranges, Milk  
Chicken & Cheese  
Quesadilla

Beef & Cheese  
Noodles/Pasta-  
WG(WG) Peas, Pears  
Milk  
Beef & Cheese Ravioli

Chicken Rice (wild or  
brown)-WG(WG) Peas  
and Carrots  
Mandarin Oranges  
Milk  
Chicken Stir-Fry

Turkey Ground  
buns/rolls/bread-  
WG(WG) Lettuce And  
Tomato, Potatoes  
Milk, Turkey Cheese  
Burgers w/Tator  
Tots

Non Infant

#### P.M Snack

3:00 pm - 3:30 pm

Teddy  
Grahams(WG)  
Apples,  
Milk

Turkey Sausage  
Goldfish Crackers  
Turkey Pepperoni

Yogurt  
Animal Crackers

Cheese  
Wheat Crackers  
Apples  
Wheat Thins,  
Cubbed Cheese

Graham Crackers  
Oranges  
Milk

\*\*Milk: 1 year old: Unflavored whole Milk; 2-5 yr. old: unflavored skim or 1% low-fat Milk; 6 yrs. old and older: unflavored skim or 1% low-fat Milk; flavored 1%/skim/fat-free Milk; Regulations state that Milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation. Juice if served, is pasteurized full-strength (100%) Juice.