



Little Sunshines Academy

May Menu

Week of: 05/06/24 - 05/10/24

Non Infant

Breakfast

8:00 am - 9:00 am

Monday

Egg
English muffins-WG(WG)
Bananas
Milk

Tuesday

Pancakes(WG)
Strawberries
Milk

Wednesday

Honey Kix-WG(WG)
Blueberries
Milk

Thursday

Waffles-WG(WG)
Grapes
Milk

Friday

Muffins(WG)
Mixed Fruit
Milk

Non Infant

Lunch

11:15 am - 12:00 pm

Milk, Kidney Beans,
Mixed Vegetables,
Cantaloupe,
Brown Rice WGR, Red
Beans and Brown
Rice,

Chicken
Tortilla-WG(WG)
Peas, Mangoes, Milk,
Chicken Quesadilla

Beef Ground
Noodles/Pasta-
WG(WG)
Tossed Salad, Cheese
Oranges, Broccoli,
Milk, Lasagna

Turkey Meatballs
buns/rolls/bread-
WG(WG)
Green Beans
Peaches, Milk, BBQ
Meatballs

Cheese
Bread WGR, Cheese,
Tater tots,
Apples, Milk

Non Infant

P.M Snack

3:00 pm - 3:30 pm

String Cheese
Pretzels-WG(WG)

Yogurt
Teddy Grahams(WG)

Goldfish Crackers
Applesauce

Animal Crackers
Pineapple

Rice Cake(WG)
Cucumbers
-- Rice cakes,
Cucumber w/ ranch

**Milk: 1 year old: Unflavored whole Milk; 2-5 yr. old: unflavored skim or 1% low-fat Milk; 6 yrs. old and older: unflavored skim or 1% low-fat Milk; flavored 1%/skim/fat-free Milk; Regulations state that Milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation. Juice if served, is pasteurized full-strength (100%) Juice.



Little Sunshines Academy

May Menu

Week of: 05/13/24 - 05/17/24

Non Infant

Breakfast

8:00 am - 9:00 am

Monday

French toast-
WG(WG)
Fruit Cocktail
Milk, National Fruit
Cocktail Day

Tuesday

Cheese
Biscuits(WG)
Blueberries, Milk,
National Buttermilk
Biscuit Day

Wednesday

Pancakes(WG)
Strawberries
Milk

Thursday

Turkey Sausage
buns/rolls/bread-
WG(WG)
Apples, Milk,
Buttered toast

Friday

Honey Bunches of
Oats-WG(WG)
Oranges
Milk

Non Infant

Lunch

11:15 am - 12:00 pm

Cheese
Noodles/Pasta-
WG(WG)
Green Beans
Grapes, Milk, Mac &
cheese

Chicken
Tortilla-WG(WG)
Corn, Apples, Milk

Milk, Cheese, Sausage,
Cucumbers,
Watermelon, Pita
bread WGR, Cheese
Pizza w/Turkey
Pepperoni

Chicken
buns/rolls/bread-
WG(WG)
Cole Slaw
Baked Beans, Milk,
National BBQ Day -
Pulled BBQ Chicken

Beef Ground
Rice (wild or brown)-
WG(WG)
Mixed Vegetables
Peaches
Milk

Non Infant

P.M Snack

3:00 pm - 3:30 pm

Hummus
Pita-WG(WG)
Pita - pita cut
into wedges

Yogurt
Teddy
Grahams(WG)

Wheat Crackers
Peaches

Peanut Butter
Animal crackers,
Sunflower seed
butter

Goldfish Crackers
Grapes

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Little Sunshines Academy

May Menu

Week of: 05/20/24 - 05/24/24

Non Infant

Breakfast

8:00 am - 9:00 am

Monday

Cheerios WGR
Bananas
Milk

Tuesday

Waffles WGR
Honeydew Melon
Milk

Wednesday

Muffins (WG)
Oranges
Milk

Thursday

Pancakes WGR,
Blueberries, Milk

Friday

French toast-
WG(WG)
Fruit cocktail
Milk

Non Infant

Lunch

11:15 am - 12:00 pm

Cheese
Noodles/Pasta-
WG(WG), Green Beans,
Strawberries
Milk, Pasta Rose Cream
National Strawberry
Day

Milk, Chicken
nuggets, tenders
or strips, Peas,
Grapes, Bread
WGR

Milk, Ground Beef,
Mixed Vegetables,
Peaches, Pasta WGR,
Lasagna

Milk, Chicken
Patties, Tater
tots, Pears, Rolls
WGR, BBQ Chicken
Sandwich

Milk, Cheese, Ground
Beef, Baked Beans,
Watermelon, Rolls
WGR, Cheese
Burgers.

Non Infant

P.M Snack

3:00 pm - 3:30 pm

Yogurt
Teddy Grahams(WG)
Scooby Grahams

Applesauce,
Cheese crackers

Cheese
Wheat thins WGR,
Cheese cubes

Goldfish Crackers
Pineapple

Apple juice, Sun
Chips WGR

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Little Sunshines Academy

May Menu

Week of: 05/27/24 - 05/31/24

Non Infant

Breakfast

8:00 am - 9:00 am

Monday

School Closure for Memorial Day

Tuesday

Egg & Cheese
English muffins-
WG(WG)
Cantaloupe
Milk

Wednesday

French toast-
WG(WG)
Blueberries
Milk

Thursday

Turkey Sausage
Waffles(WG)
Oranges
Milk

Friday

Honey Bunches of
Oats-WG(WG)
Fruit Cocktail
Milk

Non Infant

Lunch

11:15 am - 12:00 pm

School Closure for Memorial Day

Beef Ground
buns/rolls/bread-
WG(WG), Cole Slaw
Watermelon, Milk,
National Hamburger
Day

Turkey Ground
Noodles/Pasta-
WG(WG)
Tossed Salad
Apples, Milk

Chicken
Biscuits(WG)
Peas
Grapes, Milk,
Diced Chcken w/
Gravy

Milk, Cheese, Sausage,
Broccoli, Mangoes,
Pita Bread WGR,
Turkey Pepperoni

Non Infant

P.M Snack

3:00 pm - 3:30 pm

School Closure for Memorial Day

Goldfish Crackers
Cucumbers

Hummus
Pretzels-WG(WG)

Brown Rice Cake(WG)
Sunflower seed
butter

Muffin-WG(WG)
Grapes

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