



# Sunshine Bright Academy

## May Menu

Week of: 05/06/24 - 05/10/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Egg  
English muffins-  
WG(WG)  
Pears  
Milk

#### Tuesday

Pancakes(WG)  
Strawberries  
Milk

#### Wednesday

Honey Kix-WG(WG)  
Blueberries  
Milk

#### Thursday

Waffles-WG  
Mandarin Oranges  
Milk

#### Friday

Muffin(WG)  
Bananas  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Black Beans  
Rice (wild or brown)-  
WG(WG), Zucchini Squash,  
Cantaloupe, Red Beans &  
Brown Rice W/ Zucchini  
squash & Yellow squash  
mixed

Chicken  
Tortilla-WG(WG)  
Peas, Pears, Milk,  
Chicken Fajitas

Beef Ground  
Noodles/Pasta-  
WG(WG)  
Tossed Salad  
Oranges, Milk,  
Lasagna

Turkey Meatballs  
buns/rolls/bread-  
WG(WG)  
Green Beans  
Peaches, Milk, BBQ  
Meatballs

Cheese  
buns/rolls/bread-  
WG(WG)  
Potatoes,  
Apples, Milk

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

String Cheese  
Crackers (Saltine,  
Ritz,  
Hi Ho, Snack)

Cheese Crackers  
Fruit Cocktail

Goldfish Crackers  
Applesauce

Animal Crackers  
Pineapple

Rice Cake(WG)  
Cucumbers, Raisins  
-- Rice cakes,  
Cucumber w/ ranch

\*\*Milk: 1 year old: Unflavored whole Milk; 2-5 yr. old: unflavored skim or 1% low-fat Milk; 6 yrs. old and older: unflavored skim or 1% low-fat Milk; flavored 1%/skim/fat-free Milk; Regulations state that Milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation. Juice if served, is pasteurized full-strength (100%) Juice.



# Sunshine Bright Academy

## May Menu

Week of: 05/13/24 - 05/17/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

French toast-  
WG(WG)  
Fruit Cocktail  
Milk, National Fruit  
Cocktail Day

#### Tuesday

Cheese  
Biscuits(WG)  
Blueberries, Milk,  
National Buttermilk  
Biscuit Day

#### Wednesday

Pancakes(WG)  
Strawberries  
Milk

#### Thursday

Turkey Sausage  
buns/rolls/bread-  
WG(WG)  
Apples, Milk,  
Buttered toast

#### Friday

Cheese  
Biscuits(WG)  
Strawberries  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Cheese  
Noodles/Pasta-  
WG(WG)  
Green Beans  
Grapes, Milk, Mac &  
cheese

Chicken  
Tortilla-WG(WG)  
Corn, Apples, Milk

Turkey & Cheese  
Pita-WG(WG)  
Cucumbers  
Watermelon, Milk,  
Turkey Pepperoni  
Pizza

Chicken  
buns/rolls/bread-  
WG(WG)  
Cole Slaw  
Baked Beans, Milk,  
National BBQ Day -  
Pulled BBQ Chicken

Beef Ground  
Rice (wild or brown)-  
WG(WG)  
Mixed Vegetables  
Peaches  
Milk

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Hummus  
Pita-WG(WG)  
Pita - pita cut  
into wedges

Yogurt  
Teddy  
Grahams(WG)

Wheat Crackers  
Peaches

Peanut Butter  
Animal crackers,  
Sunflower seed  
butter

Goldfish Crackers  
Grapes

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# Sunshine Bright Academy

## May Menu

Week of: 05/20/24 - 05/24/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Waffles(WG)  
Bananas  
Milk

#### Tuesday

Cheerios/MultiGrain  
Cheerios-WG(WG)  
Honeydew Melon  
Milk

#### Wednesday

Muffin (WG)  
Oranges  
Milk

#### Thursday

Turkey Sausage  
buns/rolls/bread-  
WG(WG)  
Strawberries, Milk

#### Friday

French toast-  
WG(WG)  
Applesauce  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Cheese  
Noodles/Pasta-  
WG(WG)  
Broccoli  
Blueberries, Milk,  
Pasta Rose Cream

Beef & Cheese  
Tortilla-WG(WG)  
Lettuce And  
Tomato  
Grapes, Milk,  
Tostado

Turkey Ground  
Noodles/Pasta-  
WG(WG)  
Peas and Carrots  
Apples, Milk, Spaghetti  
w/ turkey meat sauce

Chicken  
buns/rolls/bread-  
WG(WG)  
Lettuce And  
Tomato  
Potatoes, Milk

Beef & Cheese  
buns/rolls/bread-  
WG(WG)  
Baked Beans  
Watermelon, Milk,  
Cheese Burgers

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Yogurt  
Teddy Grahams(WG)  
Strawberries --  
National  
Strawberry Day

Graham Crackers  
Apple Juice

Cheese  
Triscuits-WG(WG)

Goldfish Crackers  
Mixed Fruit

Pretzels-WG(WG)  
Cucumbers

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# Sunshine Bright Academy

## May Menu

Week of: 05/27/24 - 05/31/24

Non Infant

### Breakfast

8:00 am - 9:00 am

Monday

School Closure for Memorial Day

Tuesday

Egg & Cheese  
English muffins-  
WG(WG)  
Cantaloupe  
Milk

Wednesday

French toast-  
WG(WG)  
Blueberries  
Milk

Thursday

Turkey Sausage  
Waffles(WG)  
Oranges  
Milk

Friday

Honey Bunches of  
Oats-WG(WG)  
Fruit Cocktail  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

School Closure for Memorial Day

Beef Ground  
buns/rolls/bread-  
WG(WG), Cole Slaw  
Watermelon, Milk,  
National Hamburger  
Day

Beef & Cheese  
Noodles/Pasta-  
WG(WG)  
Tossed Salad  
Apples, Milk,  
Spaghetti

Chicken  
Biscuits(WG)  
Peas  
Grapes, Milk,  
Diced Chcken w/  
Gravy

Turkey & Cheese  
Pita-WG(WG)  
Broccoli  
Mangoes, Milk

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

School Closure for Memorial Day

Goldfish Crackers  
Cucumbers

Hummus  
Pretzels-WG(WG)

Peanut Butter  
Rice Cake(WG)  
Sunflower seed  
butter

Muffin-WG(WG)  
Grapes

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