



# Sunshine Scholars Academy

## May Menu

Week of: 05/06/24 - 05/10/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Egg  
English muffins-  
WG(WG)  
Bananas  
Milk

#### Tuesday

Pancakes(WG)  
Strawberries  
Milk

#### Wednesday

Honey Kix-WG(WG)  
Blueberries  
Milk

#### Thursday

Muffins-WG(WG)  
Grapes  
Milk

#### Friday

Waffles(WG)  
Mixed Fruit  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Kidney Beans,  
Mixed Vegetables,  
Squash, Cantaloupe,  
Brown Rice WGR, Red  
Beans and Brown  
Rice, Zucchini and  
yellow squash mix

Chicken  
Tortilla-WG(WG)  
Peas, Mangoes, Milk,  
Chicken Fajitas

Beef Ground  
Noodles/Pasta-  
WG(WG)  
Tossed Salad, Cheese  
Oranges, Broccoli,  
Milk, Lasagna

Turkey Meatballs  
buns/rolls/bread-  
WG(WG)  
Green Beans  
Peaches, Milk, BBQ  
Meatballs

Cheese  
Bread WGR, Cheese,  
Tater tots,  
Apples, Milk

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

String Cheese  
Pretzels-WG(WG)

Yogurt  
Teddy Grahams(WG)

Goldfish Crackers  
Applesauce

Animal Crackers  
Pineapple

Rice Cake(WG)  
Cucumbers  
-- Rice cakes,  
Cucumber w/ ranch

\*\*Milk: 1 year old: Unflavored whole Milk; 2-5 yr. old: unflavored skim or 1% low-fat Milk; 6 yrs. old and older: unflavored skim or 1% low-fat Milk; flavored 1%/skim/fat-free Milk; Regulations state that Milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation. Juice if served, is pasteurized full-strength (100%) Juice.



# Sunshine Scholars Academy

## May Menu

Week of: 05/13/24 - 05/17/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

French toast-  
WG(WG)  
Fruit Cocktail  
Milk, National Fruit  
Cocktail Day

#### Tuesday

Cheese  
Biscuits(WG)  
Blueberries, Milk,  
National Buttermilk  
Biscuit Day

#### Wednesday

Pancakes(WG)  
Strawberries  
Milk

#### Thursday

Turkey Sausage  
buns/rolls/bread-  
WG(WG)  
Apples, Milk,  
Buttered toast

#### Friday

Honey Bunches of  
Oats-WG(WG)  
Oranges  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Cheese  
Noodles/Pasta-  
WG(WG)  
Green Beans  
Grapes, Milk, Mac &  
cheese

Chicken  
Tortilla-WG(WG)  
Corn, Apples, Milk

Milk, Cheese, Sausage,  
Cucumbers,  
Watermelon, Pita  
bread WGR, Cheese  
Pizza w/Turkey  
Pepperoni

Chicken  
buns/rolls/bread-  
WG(WG)  
Cole Slaw  
Baked Beans, Milk,  
National BBQ Day -  
Pulled BBQ Chicken

Beef Ground  
Rice (wild or brown)-  
WG(WG)  
Mixed Vegetables  
Peaches  
Milk

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Hummus  
Pita-WG(WG)  
Pita - pita cut  
into wedges

Yogurt  
Teddy  
Grahams(WG)

Wheat Crackers  
Peaches

Animal crackers,  
Sunflower seed  
butter

Goldfish Crackers  
Grapes

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# Sunshine Scholars Academy

## May Menu

Week of: 05/20/24 - 05/24/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Waffles WGR  
Bananas  
Milk

#### Tuesday

Cheerios WGR  
Honeydew Melon  
Milk

#### Wednesday

Muffins (WG)  
Oranges  
Milk

#### Thursday

Milk, Sausage,  
Strawberries,  
Bread WGR

#### Friday

French toast-  
WG(WG)  
Applesauce  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese,  
Broccoli,  
Blueberries, Pasta  
WGR, Pasta Rose  
Cream

Milk, Beef, Cheese,  
Lettuce,  
Tomatoes, Grape,  
Tortillas WGR,  
Tostados

Milk, Ground Turkey,  
Peas and Carrots,  
Apples, Pasta WGR

Milk, Chicken  
Patties, Tater  
tots, Lettuce,  
Tomatoes, Buns wgr

Milk, Cheese, Ground  
Beef, Baked Beans,  
Watermelon, Rolls  
WGR, Cheese  
Burgers.

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Yogurt  
Teddy Grahams(WG)  
Strawberries,  
National  
Strawberries Day

Apple juice,  
Graham crackers

Cheese  
Triscuit Crackers  
WGR

Goldfish Crackers  
Mixed fresh fruit

Cucumbers,  
Pretzels WGR

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# Sunshine Scholars Academy

## May Menu

Week of: 05/27/24 - 05/31/24

Non Infant

### Breakfast

8:00 am - 9:00 am

Monday

School Closure for Memorial Day

Tuesday

Egg & Cheese  
English muffins-  
WG(WG)  
Cantaloupe  
Milk

Wednesday

French toast-  
WG(WG)  
Blueberries  
Milk

Thursday

Turkey Sausage  
Waffles(WG)  
Oranges  
Milk

Friday

Honey Bunches of  
Oats-WG(WG)  
Fruit Cocktail  
Milk

Non Infant

### Lunch

11:15 am - 12:00 pm

School Closure for Memorial Day

Milk, Cheese,  
Broccoli, Oranges,  
Brown Rice,  
Broccoli Cheese  
Bake

Turkey Ground  
Noodles/Pasta-  
WG(WG)  
Tossed Salad  
Apples, Milk

Chicken  
Biscuits(WG)  
Peas  
Grapes, Milk,  
Diced Chcken w/  
Gravy

Milk, Cheese, Sausage,  
Broccoli, Mangoes,  
Pita Bread WGR,  
Cheese pizza  
w/Turkey Pepperoni

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

School Closure for Memorial Day

Goldfish Crackers  
Cucumbers

Hummus  
Pretzels-WG(WG)

Brown Rice Cake(WG)  
Sunflower seed  
butter

Muffins-WG(WG)  
Grapes

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