



# Sunshine Schools NC

## December Menu

Week of: 12/02/24 - 12/06/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Milk, Cheese, Eggs, Blueberries, Biscuits WGR, Grits WGR

#### Tuesday

Milk, Strawberries, Pancakes WGR

#### Wednesday

Milk, Cheese, Sausage, Hashbrowns, English Muffins WGR

#### Thursday

Milk, Oranges, French Toast WGR

#### Friday

Milk, Strawberries, Waffles WGR

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese, Broccoli, Mixed Berries, Brown Rice WGR, Rolls WGR

Milk, Ground Beef, Cucumbers, Tomato sauce, Pineapple, Pasta WGR

Milk, Chicken, Peas and carrots, Tropical Fruit, Brown Rice WGR

Milk, Chicken, Corn, Mixed Berries, Cornbread

Milk, Deli Turkey, Carrots, Apples, Bread WGR, Buns WGR

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Cucumbers, Apple juice, Cheese crackers

String Cheese, Grapes

Blueberries, Graham Crackers WGR, Blueberry Crumble

Grapes, Goldfish crackers WGR

Yogurt, Blueberries, Graham Crackers

\*\*Milk: 1 year old: Unflavored whole Milk; 2-5 yr. old: unflavored skim or 1% low-fat Milk; 6 yrs. old and older: unflavored skim or 1% low-fat Milk; flavored 1%/skim/fat-free Milk; Regulations state that Milk substitutes are provided to participants with medical or special dietary needs, with appropriate documentation. Juice if served, is pasteurized full-strength (100%) Juice.



# Sunshine Schools NC

## December Menu

Week of: 12/09/24 - 12/13/24

Non Infant

### Breakfast

8:00 am - 9:00 am

#### Monday

Milk, Cheese,  
Eggs, Sausage,  
Apples,  
Pancakes WGR

#### Tuesday

Milk, Bananas,  
Cheerios WGR

#### Wednesday

Milk, Oranges,  
Corn Grits,  
Toast WGR

#### Thursday

Milk,  
Strawberries,  
Waffles WGR

#### Friday

Milk, Mixed  
Berries,  
French Toast

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese,  
Cabbage  
cooked,  
Grapes, Pasta  
WGR

Milk, Cheese,  
Chicken, Lettuce,  
Tomatoes,  
Grapes, Tortillas  
WGR, Chicken  
Quesadilla

Milk, Meatballs,  
Peas and  
Carrots,  
Apples,  
Oranges, Buns  
WGR

Milk, Chicken  
Patties,  
Cucumbers,  
Lettuce,  
Tomatoes, Buns  
WGR

Milk, Cheese,  
Deli Turkey,  
Carrots,  
Watermelon,  
Bread WGR

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Cucumbers,  
Apple Juice,  
Pretzels

Apple Juice,  
Graham  
Crackers

Sunflower Seed  
Butter, Apples,  
Animal Crackers

Grapes,  
Goldfish  
Crackers

String  
cheese,  
Raisins, Rice  
Chex WGR

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# Sunshine Schools NC

## December Menu

Week of: 12/16/24 - 12/20/24

Non Infant

### Breakfast

8:00 am - 9:00 am

Monday

Milk, Bananas,  
Waffles WGR

Tuesday

Milk, Bananas,  
Cheerios WGR

Wednesday

Milk, Oranges,  
Corn Grits

Thursday

Milk,  
Strawberries,  
Pancakes

Friday

Milk, Mixed  
Berries,  
French toast  
WGR

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese,  
Broccoli,  
Blueberries,  
Pasta WGR

Milk, Cheese,  
Chicken,  
Cucumbers,  
Tomatoes, Grapes,  
Brown Rice WGR

Milk, Ground  
Beef, Peas and  
Carrots,  
Apples, Pasta  
WGR

Milk, Chicken,  
Baked beans,  
Tater tots,  
Mixed fresh  
fruit, Buns WGR

Milk, Cheese,  
Deli Turkey,  
Hashbrowns,  
Strawberries,  
Bread WGR

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Yogurt,  
Mangoes,  
Strawberries,  
Graham  
Crackers WGR

Apple Juice,  
Graham Crackers

Sunflower  
seed butter,  
Pretzel

Yogurt, Mixed  
Fresh Fruit,  
Animal  
Crackers

Hummus,  
Assorted  
fresh fruit,  
pretzels WGR

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# Sunshine Schools NC

## December Menu

Week of: 12/23/24 - 12/27/24

Non Infant

### Breakfast

8:00 am - 9:00 am

Monday

Milk, Cheese, Eggs, Sausages, Apples, Pancakes WGR

Tuesday

Milk, Bananas, Cheerios WGR

Wednesday

Center closed for Christmas

Thursday

Center closed for Christmas

Friday

Center closed for Christmas

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese, Cabbage cooked, Grapes, Pasta WGR

Milk, Cheese, Chicken, Lettuce, Tomatoes, Grapes, Tortillas WGR, Chicken Quesadilla

Center closed for Christmas

Center closed for Christmas

Center closed for Christmas

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Cucumbers, Apple Juice, Pretzels

Apple Juice, Graham Crackers

Center closed for Christmas

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Center closed for Christmas

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# Sunshine Schools NC

## December Menu

Week of: 12/30/24 - 1/3/25

Non Infant

### Breakfast

8:00 am - 9:00 am

Monday

Milk, Bananas,  
Waffles WGR

Tuesday

Milk, Bananas,  
Cheerios WGR

Wednesday

Center closed  
for New Years

Thursday

Center closed  
for New Years

Friday

Non Infant

### Lunch

11:15 am - 12:00 pm

Milk, Cheese,  
Broccoli,  
Blueberries,  
Pasta WGR

Milk, Cheese,  
Chicken,  
Cucumbers,  
Tomatoes,  
Grapes, Brown  
Rice WGR

Center closed  
for New Years

Center closed  
for New Years

Non Infant

### P.M Snack

3:00 pm - 3:30 pm

Yogurt,  
Mangoes,  
strawberries,  
Graham Crackers  
WGR

Apple Juice,  
Graham Crackers

Center closed  
for New Years

Center closed  
for New Years

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